



Muscle System Specialist® Course On-Line

What You Get When You Purchase The Course

Thank you for investing in the Muscle System Specialist® Course On-line. At Exercise Professional Education, LLC® we believe that you have made an excellent decision to embark on this educational journey. The course experience and content will have a positive lasting impact on your professional career development.

Purchasing the course will entitle you to the following:

1. Full access to the course content immediately upon registering.
2. There is a cohort start offered several times per year. You can choose to start the course content with a cohort on the designated day and time. There will be 20 consecutive weeks (unless otherwise indicated – see the calendar on the www.exerciseproed.com website) where a one-hour review of the previous weeks lessons which is facilitated by an approved instructor. ***This is highly recommended and we believe is the best way to experience the course content.*** This will give you an opportunity to ask questions, interact with other colleagues taking the course, and keep you on track to complete the course. If you cannot make some of the weekly meeting, each meeting is recorded and a link of the video will be sent to you.
3. You will also receive three-hours of practical training with an approved instructor. You will need to make arrangements with that instructor and travel to their location. It is highly recommended you take advantage of this. If you cannot get to an approved instructor then please make arrangements for a ZOOM process. Contact info@exerciseproed.com to initiate the request.
4. You can download all of the documents that are in each of the course sections for your own personal use. Please feel free to put your company name on those documents you wish to reflect your brand. After completing Section 13 you will receive a link to a file that has the client file documents and other relevant documents.
5. After Week 14 you will be able to download the EPE Referral App form the App Store where you can invite your colleagues to invest in the MSS Course Online and receive \$100 when they register. Be on the lookout for emails and texts informing you of this opportunity.
6. Following Week 15 you can participate in the Private Facebook for Muscle System Specialists. You will need to friend Greg Mack on Facebook and then you will be invited. Here you can interact with other colleagues, participate in discussions, read posted research articles, and be kept abreast of events and other courses.
7. You will have access to the MSS online content for one year after the last day of your cohort - Week 20.
8. Following completion of the Muscle System Specialist® Online Course you will be eligible to take the Written and Practical Examinations to achieve Certification as a Muscle System Specialist. It is recommended that you purchase the Examination Review Pack available at www.exerciseproed.com. This will ensure you have a thorough understanding of what is expected on the written and practical exams. The written exam can be taken on line. You will



have to make arrangements to meet with an approved instructor for the practical exam - the practical exam cannot be performed on a ZOOM call. Contact info@exerciseproed.com for more details if, and when, you are ready to take the practical exam.

9. You will be able to take any MSS or EPE Advanced Course.
10. You will be part of a growing community of genuinely curious, lifelong learners, about everything exercise and all of its potential.